



About HAWA's History

Initially established in 2008 as the Hertfordshire Asian Women's Association, HAWA aimed to empower women from diverse backgrounds. Over time, the organisation evolved to expand its services to include both men and women, leading to a name change to HAWA Multicultural Services CIC (HAWA MCS).

This name better represents our comprehensive and inclusive approach. HAWA is committed to community-led initiatives, driven by our ability to identify gaps in service provision and respond effectively.

Follow us on social media

 Hawa_herts  @hawastalbans



Habiba Community Garden, Hixberry Lane, St Albans, Herts, AL4 0TZ

About the Habiba Garden

Our community garden is a space for gardening, picnics, peace, relaxation, socialising, and making new friends. This helps combat loneliness, isolation and improves mental health and well-being.

The garden is accessible at any time (Mon-Sun). On Thursdays between 11am - 2pm, volunteers go to the garden along with other group members.



HAWA

MULTICULTURAL SERVICES CIC
community | culture | empowerment



HAWA Multicultural Services CIC (HAWA) is an active organisation with a long history of serving diverse communities.

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Contact numbers

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www.hawaherts.co.uk

Some of the great projects that we run



HAWA Welfare Support

Are you finding it difficult to manage with the current cost of living crisis?

If so, contact HAWA MCS. We may be able to support you with food, water, and energy vouchers (subject to means testing and eligibility criteria).



Gym and Ladies' Fitness

Mondays & Tuesdays 7pm-8.30pm
Beaumont School, St Albans Herts, AL4 0XB

£3 per session or £15 per month

Participants have access to a fully equipped gym, basketball and badminton courts, and fitness classes with a qualified female instructor to improve their health and well-being.



HAWA social prescribing for ethnically diverse communities

- Advice, Guidance & Advocacy
- Food & Energy Vouchers
- Asylum Seekers & Refugees Support
- Prescription Collection & Shopping
- Blue badge Applications & Benefits
- Disability Related Support



Saheli Women's Day Centre

Chai and Chat.. Let's talk!

Joins us and socialise with a friendly and diverse group of women.

Our services include:

Art and crafts - Pilates & chair yoga classes - health and wellbeing talks - flower arranging - knitting - painting - healthy walks - day trips - guest speakers providing information about local services - interfaith work - healthy snacks, and much more!

Monday at 10am - 2pm
St Lukes Church, Cell Barnes Ln,
St Albans, Herts, AL1 5QJ

Wednesday at 11:30am - 3:30pm
Thursday at 10:30am - 2:30pm
Fleetville Community Centre, Royal Rd,
St Albans, Herts, AL1 4LQ

Interfaith Work

HAWA MCS supports community integration and cohesion by doing interfaith work with local community groups.

We are part of Faith and Culture Enterprise (FACE) and also liaise with Lady Verulam and ladies from St Michaels Church to have meaningful conversations around community cohesion. Furthermore we arrange lunches and meet ups between each other to enhance our friendships. HAWA MCS is also part of the VCFSE Alliance (Voluntary Community Faith and Social Enterprise)

Domestic Violence Support

HAWA Advocates for women from Ethnically Diverse communities who suffer from Domestic Abuse.

We help them to integrate into society, offer advice and guidance, we assess their needs and tailor the support accordingly. We work alongside local refugees and women's centres.

Asylum Seekers and Refugee Support

We provide a safe space offering cultural clothing, food and energy vouchers, cooking, advice and guidance, mental health support.

